



What You Can Expect From Your TIGERS® Coaching Experience

Team and Leadership coaching invites you into a collaborative and co-creative partnership and introspective journey based on a clear plan of action and goals you identify.

Should we decide to work together, I will be honored to help you soar beyond your current leadership limitations to a new level of collaborative leadership understanding and mastership.

Or if we decide to work with your team, I will be honored to help your team identify clear values, positive behaviors that support those values, and to refine the group process to achieve remarkable results.

In a collaborative and co-creative coaching partnership, we will:

- Identify your team values and supporting behaviors;
- Clarify your problem-solving, decision-making, conflict management, communication and boundary management processes;
- Identify your goals;
- Identify the obstacles/barriers to obtaining those goals;

- Find solutions to the obstacles;
- Clarify your team leadership agenda;
- Discover important points of self-awareness and team introspection;
- Identify blind spots that might frustrate success; and,
- Celebrate your efforts and successes along the way.

As your coach I will:

- Maintain confidentiality;
- Execute the coaching plan that you and I co-create;
- Be as excited and committed to your goals as you are;
- Take the time to challenge you to define what an effective team and team behavior mean to you;
- Hold you accountable to make sure you live up to your potential;
- Provide support and structure to help you accomplish more;
- Keep you better focused to produce results more quickly; and,
- Always be honest and direct.

As my client I ask you to:

- Be fully prepared and focused at each session;
- Be honest with yourself and with me;
- Let me know what works for you and what does not; and,
- Stretch yourself by taking action steps between sessions.

Our coaching relationship is important. And I take my commitment to your success very seriously.

I want you to take advantage of having a partner and resource in your corner. Therefore, if you have the need to run something by me, or have a question in between sessions, please email me at tigers@uci.net or call me at (541) 385-7465.

How You Receive The Most From Your Coaching Experience:

- Make our coaching sessions a priority and come prepared;
- Co-create the process to achieve maximum benefit from the plan;
- For individual coaching sessions, come prepared with a specific agenda;
- Do your work between sessions and practice what you learn;
- Complete your agreements and experiment with new approaches;
- Be willing to build higher levels of introspection and authenticity; and,
- Be willing to let go of beliefs and habits that no longer serve you.

Coaching is one of the most important investments you can make in your self and for your team.

To receive the TIGERS Coaching Welcome Packet or to receive a free sample coaching session, Contact me at tigers@uci.net or call 541-385-7465 to schedule a conference call.

Sincerely,
Dianne Crampton